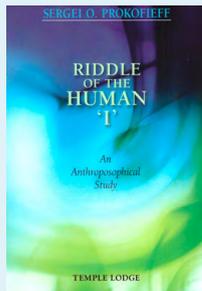


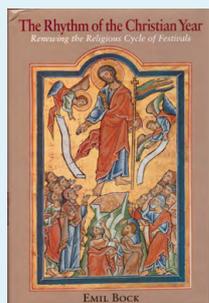
The Basil Gíbaud Memorial Library and Bookshop



RIDDLE OF THE HUMAN 'I' *An Anthroposophical Study* by **Sergei O. Prokofieff**

"Anyone who embarks upon the study of anthroposophy will soon recognise that the mystery of the human ego lies at its very heart. This mystery is one of the central questions of Anthroposophical Christology and at the same time forms one of the most difficult cognitive challenges presented by anthroposophy." Sergei O Prokofieff

The question of the true nature of the human 'I' or individuality is one of the key issues of our time, but is also one of the most complex riddles of existence. This booklet doesn't give simple answers but adds perspectives that deepen the theme, offering a picture of its manifold mysteries. In three great panoramas, the author develops central aspects of the topic, beginning with the threefold nature of human individuality, followed by an illumination of the cosmic dimension of the ego, and finally an encapsulation of the significance of the earthly ego. With his usual thoroughness and clarity, Sergei O Prokofieff throws light on one of the fundamental questions of our time.



THE RHYTHM OF THE CHRISTIAN YEAR

– *Renewing the Religious Cycle of Festivals* by **Emil Bock**

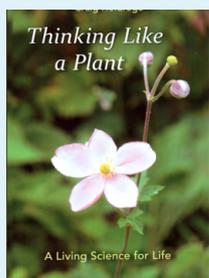
For many people today the intimate connection that exists between the human being and the seasonal rhythms of the year has been lost. Emancipated from nature by the progress of modern technology, we have at the same time become alienated from the Earth's cyclical patterns. Our religious life, once so deeply embedded in and supported by the natural world, has increasingly lost awareness of the profound rhythm in the festive year. Only perhaps at Christmas time and at Easter does a vague memory survive of the inter-relationship between earthly and cosmic events. In this collection of festival meditations, Emil Bock explores ways to deepen our understanding of the Christian festive year. An active renewal of the festivals today can not only heighten our appreciation of the Earth as a living organism, but can provide new energy for humanity's social life. Above all, the festivals are opportunities for new understanding of the Christ mystery that is breaking through in our time – the revelation of Christ in the etheric world. Nature is awaiting its own redemption through the work of man. In this sense, Bock's meditations are a clarion call for humanity to awaken to the spiritual task of our age.



THREE FOLD MARY BY EMIL BOCK

"The Mary mystery has meaning for all humankind, and a renews Christian understanding of the human being in the fullest sense will be able to fathom it" Emil Bock

This previous little book contains three lectures Emil Bock gave during 1950/51 Christmas Holy Nights under the title "The Mystery of the Virgin Mary in Body, Soul and Spirit". On November 1, 1950 Pope Pius XII had proclaimed the dogma of the Assumption into heaven, which sent shock waves around the Christian world at the time. C.G.Jung for instance, wrote his **Answer to Job** in response. Bock's response was these lectures, in which he tried to answer some of the issues, while broadening the scope to include not only Mary-Sophia mystery in human history, but also the meaning of the feminine element in the evolution of consciousness.



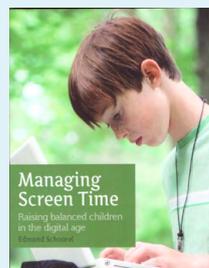
THINKING LIKE A PLANT *A Living Science for Life* by **Craig Holdrege**

"The plant is dynamic, connected, resilient and it's ever-changing life is always in relation to the world into which it grows. Why can't we be like that ?

How might the world look if we as human beings were able to think the way a plant grows? Imagine gaining such flexibility of thought that our ideas were no longer rigid, static and object-like, but grew, transformed and when necessary died away. And as with plant form, what if our actions grew out of a context – sensitive relation to the world we inhabit ? Isn't that a revolution worth striving for ? In addressing our unsustainable relation to the planet in a deep way, there is no better model for sustainable human thinking than the plant."

"This is much more than a book about plants; If we are receptive and awake to what a plant is, how it lives and grows, there are profound implications for the environmental movement, the philosophy of science, and for education at all levels"

Richard Katz, **Flower Essence Society**



MANAGING SCREEN TIME – *Raising Balanced Children in the digital age* by **Edmund Schoorel**

Screens and digital devices are everywhere in our modern world and it's becoming increasingly common for even very young children to regularly use tablets and smart phones.

Many parents struggle to know what's best for their children. This book offers a comprehensive overview of the pros and cons, to help parents make their own choices. It explores the health effects of screen time as well as the benefits of new technology. Much writing on this subject is one-sided and dogmatic. This thought-provoking book is not designed to make parents feel guilty, but to empower them to find their own balance.

Edmund Schoorel - has worked, since 1996 as a paediatrician at the Children's Therapy Clinic in Utrecht, Netherlands, which specialises in Anthroposophical approaches to children's health and wellbeing.



THE ISENHEIM ALTARPIECE HISTORY – *Interpretation-Background* by **Michael Schubert**

The Isenheim Altarpiece by Matthias Grunewald is one of the most important monumental works of western art. Even today, five hundred years after its completion, it still presents many riddles to its viewers – not only with respect to its origin and its creator, but also with regard to its theological and esoteric programme. This book offers a systematic and informed introduction to the history, meaning and background of the altarpiece. In addition, numerous new interpretations are presented, which partly elaborate upon, but also fundamentally alter previous perspectives.

This book includes more than 200 high-quality colour reproduction and in-depth visual analysis.